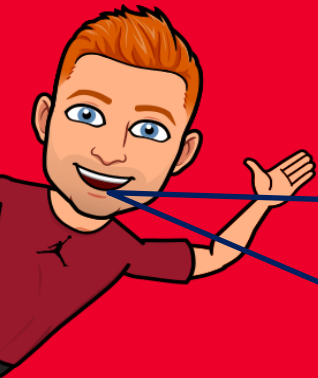


## Home Learning Activities – World Book Day – The Gruffalo



Hi everyone!

We have put together some activities for you to try. With it being 'World Book Day' this week we are going to go on a 'Gruffalo' adventure.

Make sure you stay active and read a lot of books!

Share your pictures and videos with us @LittleSportsCoaching

'A stroll through the deep dark wood':

- In an area put loads of different items on the floor (make sure they are not sharp items). This will be the logs/tress that you would find in the woods.
- You must stroll through the wood like the mouse in the book.
- Start at one end and go pass the items without touching them.
- Can you use different movements like jumping, side steps, hopping and skipping to get past the items?
- Start with 5 points, every time you touch an item you lose a point.



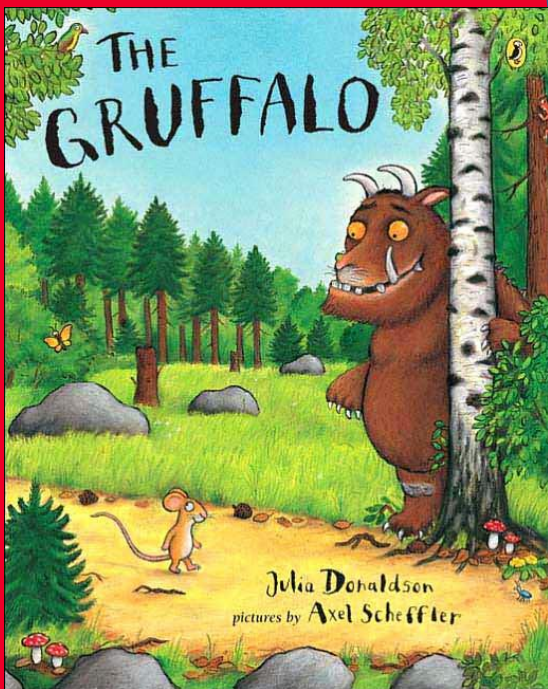
Snake Races:

- Have a think how a snake moves. Do they walk? Do they slide?
- Grab a partner. You are going to get away from the Gruffalo. Who can do it faster, you or your partner?
- Have a starting point. When you say 'Go' slide along the floor as fast as you can to your finishing line.
- If you win you get a point.
- Have as many races as you want.

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'The mouse found a nut and the nut was good':

- Use a ball or something small and round as a nut (it needs to be soft and can be thrown and caught).
- With a partner you are going to throw and catch the nut to each other. (you can start by passing it over then progress to throwing and catching)
- Do it for 20 seconds.
- Who ever has the nut in their hands when the timer is over will lose a point.
- Have 5 points each to start with.



Story Time:

- Do some research on the Gruffalo. What do you know about the story? Do you know all the characters? You can find more information about the Gruffalo on the internet and even watch it on the BBC iPlayer website. Can you,
  - Draw the characters?
  - Describe them?
  - Write about them?
  - Act them out
- Now take some time to read the Gruffalo or another book to someone at home.